



Santa Cristina Castle

SPA TREATMENTS



RELAXING MASSAGE

A light, slow, deep massage to encourage deep relaxation and psycho-physical equilibrium. This soft and gentle approach helps relieve the client from stress-related tension, contracted muscles and also will detox the organism. The sensation of deep relaxation which follows is as warm and as comforting as an embrace.

(50 min.) € 65,00

(25 min.) € 40,00

CANDLE MASSAGE

A highly suggestive carried out in candle-light using rich and perfumed warmed oils and special candles created for massage sessions which guarantee a sensation of deep relaxation.

(50 min.) € 70,00

FOOT REFLEXOLOGY

An alternation of taps and finger pressure touches the reflex zones of the foot, to give relief and balance to the entire body.

(25 min.) € 50,00



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HOLISTIC MASSAGE

From the greek word "Olos", that means "All", it combines all the techniques used by workers, who takes care of the entire body to realize a customised and unique treatment.

(75 min.) € 95,00

THERAPEUTIC MASSAGE

Physiotherapeutic massage to release muscle contractions

(50 min.) € 65,00

SHIATSU MASSAGE

Shiatsu can be received in one's clothes; there are no oils, but palm, elbows and thumbs rebalance the energy of meridians touching different areas of the body.

(25 min.) € 40,00

(50 min) € 70,00

MANUAL LYMPHATIC DRAINAGE

It's a gentle type of massage, that is performed without creams or oils, to encourage the natural drainage of the lymph throughout the body. It reduces the swelling and flushes out waste materials. It's particularly recommended to reduce cellulite.

(50 min.) € 70,00

MICROCIRCULATION MASSAGE

It helps peripheral microcirculation (both venous and lymphatic) and eases back muscles tension.

(50 min.) € 65,00

